

Karissa Thacker

Dr. Karissa Thacker is a widely respected management psychologist who has served as a consultant in over 200 Fortune 500 companies including UPS, Best Buy, and AT&T. Her specialty is executive coaching with a focus on increased performance at work in combination with increased individual satisfaction at work. Her coaching method assumes that increases in effectiveness or productivity without increasing personal satisfaction are not built to last.

Karissa's background and training is in the field of psychology. She completed a doctorate in psychology in 1996 and is a licensed psychologist. She also served as a marketing researcher at General Mills in the area of strategic growth initiatives. Her research focused on understanding consumers in international markets and advertising development.

She served as a senior consultant at RHR International, a global management consultancy specializing in executive development. She is the founder and president of Strategic Performance Solutions, Inc, a management consulting firm focused on creating innovative solutions in the space of human performance and satisfaction at work. Dr. Thacker serves as adjunct faculty at the Lerner School of Business at the University of Delaware. She teaches in the areas of executive development and organization effectiveness in the graduate MBA program.